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NTRS Resources

NTRS Definition - Therapeutic Recreation

Therapeutic recreation uses treatment, education and recreation services to help people with illnesses, disabilities and other conditions to develop and use their leisure in ways that enhance their health, functional abilities, independence and quality of life.

*Approved by the NTRS Board of Directors
October 14, 2000*

TR Credential

Do you need to be licensed or certified? Check this section out for more information.

TR Links

NTRS is happy to provide links to these related web sites. We hope you'll bookmark NTRS' address before you leave our site so you can come back to visit our home page again soon!

TR Specialist

Do you wonder what a therapeutic recreation specialist does? This article provides you with examples of a typical day in the life of a TR Specialist.

NTRS, 22377 Belmont Ridge Road, Ashburn, VA 20148
Phone (703) 858-0784 * Fax (703) 858-0794 * Email:
ntrsnrpa@nrpa.org

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